



Alberta Sports and Recreation
Association for the Blind

Goalball Demos



School Demonstrations

ASRAB offers goalball demonstration in schools. We will come to your school with all equipment necessary for the demonstration, including instructors, goalballs, eyeshades, and tape for court orientation line markings. We will introduce your students to the sport of goalball through a rule overview, demonstrations of throwing and defense skills and actual game play.

If students are interested in continuing to participate in goalball, we have ongoing programs for children and youth in Calgary, Red Deer and Edmonton, and are initiating programming in Lethbridge, Grande Prairie and Fort McMurray. Students with visual impairments in your school are also welcome to participate in our wide variety of "Try-it" programs like skating, rock climbing and tandem cycling.

Pricing

ASRAB will provide a goalball demonstration to any classroom with a child with vision loss by donation.

Otherwise, our fees are \$75.00 per classroom, \$225.00/half day, or \$350.00/full day.

Contact: info@asrab.ab.ca



Goalball

Goalball was invented in 1946 to aid in the rehabilitation of blinded war veterans. The sport is now played competitively in over 100 countries and has been at every Paralympic Games since 1976. Goalball is a team sport played on a volleyball court. Goalball has four characteristics that distinguish it from all team ball games played by sighted people:

1. It is played with a ball that is audible, so that the player can hear it when it is in motion.
2. Fans must cheer silently, so as not to interfere with the athletes' ability to hear the ball.
3. It is played on a court with tactile markings so the players can find their positions on the court.
4. All players wear eyeshades, so everyone has equal vision - none.

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